

First United Methodist Church of Union County  
938 Hwy 515  
Blairsville, GA 30512  
(706) 745-2073



Don't forget your box tops and Ingles' card over the summer!

## Contact Us

STAFF MEMBERS	TITLE	PHONE EXT.	EMAIL ADDRESS
Ben B. Lewis	Pastor	223	blewis777@aol.com
Richard Rivera	Minister of Young Families	232	richardrivera68@gmail.com
Stan Wallace	Older Adult/Recreation	222	stanwallace@windstream.net
Evelyn Ueltzen	Administrative Ass't	234	firstumc@windstream.net
Deidra Gilbert	Financial Secretary	227	fumcfinsec@windstream.net
Parish Nurses		224	parishnurses@gmail.com

**Church Email Address:** [firstumc@windstream.net](mailto:firstumc@windstream.net)

**Church Web Address:** [www.fumcunioncounty.org](http://www.fumcunioncounty.org)

**Church Fax Number:** 706-781-6252

**Times that Services are aired on Cable Channel 4:** Sundays at 9:00 am and 8:30 pm.

## Worship Services

To Know Christ - To Make Christ Know

9:00 am Contemporary

10:00 am Sunday School for all ages

11:00 am Traditional Service



# First News

Vol. 4, issue 6

First United Methodist Church of Union County

June 2011

Beloved,

I believe that we are at a critical point in the life of our church. We have so many, many people who are sick, who are suffering, who are going through trials and tribulations of all sorts. Even the church is facing its own trials and tribulations—we have financial issues, resources issues, worship issues and staff issues. I believe the time has come for us as individuals and the church to be **CALLED TO PRAYER**.

We cannot continue to put our trust in WHAT WE CAN DO, rather our trust must be in God and God alone. I am convinced that everything depends upon prayer. Why are we so often defeated as families, churches and individuals? Because we pray so little. Why do we sometimes get so discouraged in church work and burn out? Because we pray to little. Why are we not simply on fire for our God? Because there is so little real prayer.

We can be sure of this statement from The Kneeling Christian, page 14—“The secret of all failure is our failure in secret prayer.”

Will you please join me for an intense time of prayer for our church, its mission, and its people over the summer. You will be hearing a lot from me about prayer over the next 2-3 months.

## **I NEED YOUR PRAYERS!**

You can begin your prayer for your church by:

### **PRAYING FOR YOUR CHURCH BEGINS BY PRAYING FOR YOUR PASTOR AND STAFF**

#### **Monday: Pray for your pastor & staff's family**

- God's peace and protection
- A growing love relationship between pastor and spouse
- A commitment to quality and quantity time together

#### **Tuesday: Pray for wisdom for your pastor & staff**

- The mind of Christ
- Godly decision-making
- Understanding of biblical truth

#### **Wednesday: Pray for the ministry focus of your pastor & staff**

- Clear vision
- Commitment to biblical priorities
- Remain true to his or her God-given gifts and strengths

#### **Thursday: Pray for the health of your pastor & staff**

- Protection of body and mind
- An extra portion of stamina and strength
- Commitment to stress-releasing activity

#### **Friday: Pray for spiritual growth of your pastor & staff**

- A heart for God and the lost
- Fresh biblical insights
- Personal devotions not related to sermon preparation

#### **Saturday: Pray for the purity of your pastor & staff**

- Pure motives
- Pure thought-life and faithfulness to spouse
- Pure commitment to complete integrity

#### **Sunday: Pray for God's anointing on your pastor & staff**

- Strength in leadership
- Passion in preaching
- Fruit and joy in ministry

## May Average Worship Attendance

8:30	Casual Service	81
9:45	Sunday School	137
10:45	Traditional	212
10:45	Contemporary	110

## June Servants

**Ushers:** Lamar Franklin  
Dennis Bradley  
Glen Boland  
Bud Akins  
Roy Hamby  
Richard Myers

## **Greeters:**

**11:00** Jane and Jerry Driskell

**Church Council Meeting**  
is Wednesday, June 1st  
at 6:00 pm  
in the sanctuary



An English Luncheon and Tudor Garden House Tour will be held every Saturday in June and the second Saturday in July. Lunch begins at 11:30 am. You will be served in Tudor fashion with costumed ladies as your servers. Cost is \$15.00 per person. Contact Kathy Wiley at 706.374.2359 or Tammy Fowler at 706.838.0432 for more information. Proceeds will go to the MAC.



Hope House appreciates your donations of health and hygiene items this past month. This month they are in need of size 4 children's diapers, bar soap and paper towels. If you would like to donate some, please drop them off in the boxes in the narthex and MAC. Volunteers are still needed, especially for intake workers. Those are the workers who do the screening of the clients. If you would like more information, please contact Evelyn in the church office.



There will be a special sale on July 6th—9th in the fellowship hall. Items for sale will include antiques, household items and many other misc. items. All proceeds will go towards the MAC. Check your closets and bring your donations of clean, gently used, clothing to the annex on Monday mornings from 9:00—noon from now till June 27th.



## “Footlocker Ministry” Begun

The Morning Glory Circle is starting a “Footlocker Ministry” as a mission project. They will be partnering with Books for Soldiers to provide items requested by our servicemen. If you would like to thank the men and women serving our country, please check out our “wish list” and bring any of the following items mentioned to our footlockers at the church. Footlockers will be at both entrances. The Circle will prepare the care packages and mail them to our dedicated service personnel. Please let us know the addresses of members of our church who are serving so that we can prepare them a special care package. You may email the addresses to Debbie Steed at [dows3@windstream.net](mailto:dows3@windstream.net) or call 706.745.8545.



We will be inviting the community to once again enjoy our spacious parking lot to watch the July 4th fireworks. As last year, we will be offering concessions, restrooms and bottled water to our campus visitors. If you would like to donate some bottled water, you may drop it off in the administrative offices.



New Member Reception will be held on Sunday, June 26th in the fellowship hall immediately following the 11:00 service.



June 1 Stephanie Cristofaro  
 Jason Neely  
 June 2 Jordan Bryant  
 Jerry Crubaugh  
 Beverly Orr  
 June 3 Valerie Metcalf  
 June 4 Richard Whitmore  
 June 5 Lisa Rivera  
 Dana Robbins  
 June 6 David Lifsey  
 Ryan McCann  
 June 7 Kelci Jones  
 Linda Roberson  
 June 9 George Houdeshel  
 June 10 Faye Eubanks  
 Marisa Evans  
 June 11 Don Wyckoff  
 June 12 Bob Eshelman  
 June 13 Norris Wood  
 June 14 Avery Frechette  
 Barbara Labouteley  
 June 15 Sam Seiler  
 June 16 Lamar Franklin  
 John Innis  
 Terry Legg  
 Linda Miller  
 June 17 Greg Buchanan  
 Chad Gasaway  
 June 18 Jenny Chandler  
 Jessica Frechette  
 June 19 David Cook  
 June 20 Kay Dugger  
 Todd Rowe  
 Gray Williams  
 June 21 Fred Cone  
 Britt McAfee  
 June 22 Teri McGinnis  
 June 23 Landry Baenninger  
 Andrea Neely  
 Nadine Tison  
 June 24 Christopher Drost  
 June 25 Anita Lippman  
 Ashley Taylor  
 June 26 Bill Cross  
 June 27 Connie Cobb  
 June Colditz  
 JC Park  
 Janice Smith  
 June 28 Mike Jones  
 Kayla Mullins  
 June 29 Lois Barr  
 Mike Brandenburg  
 James Jarrard

## June Calendar

Wednesday, 1st Morning Glory Circle, 10:00 am  
 Church Council, 6:00 pm  
 Choir, 7:00 pm  
 Thursday, 2nd Get Fit, 5:15pm  
 Circle of Love/Bible Study, 6:15 pm  
 Sunday, 5th Worship Services—9 am and 11 am  
 Vacation Bible School begins  
 Monday, 6th VBS, 5:00 pm  
 Stephens, 6:00 pm  
 Tuesday, 7th Scrapbooking 9:30 am  
 Yoga, 9:00 am  
 Tai Chi, 1:30 pm  
 VBS, 5:00 pm  
 Wednesday, 8th VBS, 5:00pm  
 Choir, 7:00 pm  
 Thursday, 9th VBS, 5:00pm  
 Sunday, 12th Worship Services—VBS Sunday  
 Monday, 13th MIFT, 6:00 pm  
 Tuesday, 14th Scrapbooking 9:30 am  
 Yoga, 9:00 am and 5:30 pm  
 Get Fit, 5:15 pm  
 Wednesday, 15th Choir, 7 pm  
 Thursday, 16th Get Fit, 5: 15 pm  
 Circle of Love/Bible Study, 6:15 pm  
 Saturday, 18th UMM Breakfast, 8:00 am  
 Sunday, 19th Worship Services—Father’s Day  
 Monday, 20th Stephens, 6:00 pm  
 Tuesday, 21st Scrapbooking 9:30 am  
 Yoga, 9:00 am and 5:30 pm  
 UMW Missions, 10:00 am  
 Tai Chi, 1:30 pm  
 Get Fit, 5:15 pm  
 Wednesday, 22nd Choir, 7:00 pm  
 Thursday, 23rd Get Fit, 5:15 pm  
 Sunday, 26th Worship Services  
 New Member Reception  
 Tuesday, 28th Scrapbooking 9:30 am  
 Yoga, 9:00 am and 5:30 pm  
 Tai Chi, 1:30 pm  
 Get Fit, 5:15 pm  
 Radical Hospitality, 6:30 pm  
 Wednesday, 29th Choir, 7:00 pm  
 Thursday, 30th Circle of Love/Bible Study, 6:15 pm



## Wed. PM Schedule

We will resume our regular Wednesday programming in the fall.

The youth will continue to meet during the summer on Wednesdays from 6 –8 pm.



June 5th	Team #6
June 12th	Team #1
June 19th	Team #2
June 26th	Team #4

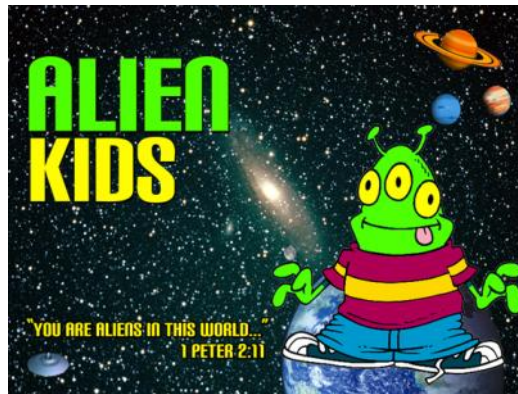
Team #1	Steven Seiler Sam Seiler Adam Rowe
Team #2	Ben Wegas Alex Collins Milo Bauman
Team #4	Caroline Legg Adalyn Rogers Isaac Metcalf
Team #5	Grace Rivera Tanner Carrier
Team #6	Emma Collins Grace Wischmeyer Mary Wischmeyer

## Welcome Desk Volunteers

Volunteering for the Welcome Desk only requires four (4) hours a month...either as a substitute or staffing a permanent shift from 9 am till noon or 1 pm till 5 pm. Couples or individuals are welcome. Staffing is Monday through Friday, except holidays and on Thursdays when OASIS is in session or when school is cancelled due to inclement weather. If you are interested in serving as a volunteer, please contact Shirley or Ty Cobb at 706.781.6899.

## SOLID ROCK STUDENT MINISTRY

The Summer series for Children's Church is:



HOMETOWN NAZARETH VBS  
Sunday, June 5th—Thursday, 9th  
5:00 pm till 8:30 pm



## EXERCISE CLASS



### Mac Fitness ...

**“Zumba” Fitness...** Mondays at 6:30pm Class meets downstairs in the MAC in room M-0. What is a Zumba fitness class like? It's a very exciting dance party atmosphere full of Latin and international music. You'll forget you're working out with the simple moves to dance music like Cha Cha, Salsa, reggaeton, rumba and more. Best of all, you don't need any previous dance experience! The workout is basically watch and follow. The moves are repeated often enough for you to catch on and they're not complicated. Class will work with DVD instruction. There is no cost.

### **“Get Fit” Exercise Class:**

Tuesdays & Thursdays led by Dan D'Agostino. Class includes weight training, cardio exercise, and muscle toning and meets on Tuesdays and Thursdays from 5:15pm until 6:00pm in room M-0 downstairs at the MAC and there is no cost. Bring a mat and some hand weights.

### **Christ Centered Yoga:**

Compliment any exercise program at any fitness level with yoga. Led by Pat Tomzyck. Cost is \$5.00 per class. Bring your own yoga mat. Meets Tuesdays at 9:00am in Room M-0 and 5:30pm in room M-32.

**“Tai Chi”:** Tuesdays at 1:30pm downstairs at the MAC in room M-0 and is open to everyone. Class is led by Dr. Dennis Tidwell. Cost is \$5.00 per class. Bring a mat!

## Opportunities @



### MAC Summer Hours

Monday, Tuesday & Thursday: 8:00am - 5:30pm

Wednesday: 8:00am - 5:00pm

Friday: 8:00am – 1:00pm

**Upward Flag Football and Cheerleading! Grades K-6 Register Now!** ... Practices begin the week of August 9th. First game is Saturday, August 28th. Registration forms are available at the MAC desk or you can register online at our church website.

### Mark your calendars for these Summer Recreation events...

Get details for these at the MAC desk!

**June 11 & 18 “Upward Flag Football & Cheerleading Evaluations”** for rising grades K-grade 6. 10am - 12 Noon @ Canal Lake Bible Camp field. 2 opportunities to get evaluated. Practices start the first week in August. Registration forms are at the MAC desk

**June 20-22 “First's Kids Basketball Skills Camp”** ... for rising 1st-6th graders. 9:00am - 11:30am. Led again this year by Rollie and Maria Thomas. Cost is \$25.00 for one child, \$45.00 for 2 children. Cost includes a daily snack. Get a registration form at the MAC desk!

**July 19-21 “First's Kids Soccer Camp”** ... for rising 1st-6th graders. 9:00am - 11:30am. Cost is \$25.00 for 1 child and \$45.00 for 2 children. Led again this year by Rollie and Maria Thomas. Cost includes a daily snack. Get a registration form at the MAC desk.

**July 22 “Kid's High Adventure Day!”** ... for rising 3rd-6th graders. We're heading to Helen to tube the Chattahoochee. We leave the church at 8:30am and return at approx. 3:30pm. Kids should bring a sack lunch and a drink. Cost is \$20.00 per child and includes tubing, water slide, and transportation. **3rd & 4th graders must be accompanied by a parent or assigned adult.** Sign up at the MAC desk or in the church office!

## Young at Heart

**FUMC Camping Club!** Do you have an RV, Tent, or Motorhome? Would you like to join a camping club and take short or long trips with other members of our church family? If so call Janet Dittis at 706-745-2634. We are planning trips for the upcoming camping season now. Call today!

**Our S.M.A.R.T. (Small Maintenance and Repair Team)...** is ready to do small maintenance or repairs for any of our shut-ins or older adults that are unable to do for themselves around their house. If you know of anyone needing assistance with small home or yard items call Stan at the church office and give a description of the work needed.

### Young At Heart Coming Events...

“Back to School” Bunko Party! ... Friday, August 12th...

O.A.S.I.S. Fall Session Begins! ... Thursday, September 9th

Gatlinburg “Autumn Craftsman Fair” Day Trip ... Tuesday, October 18th

Young Harris College Choir “USO Show” ... October 29-30

## Prayer Corner



The “Lord’s Prayer” which is in Matthew 6:9-13 is a model for our prayers. It begins with adoration of God (verse 9), acknowledges subjection to His will (verse 10), asks of Him (verses 11-13), and ends with an offering of praise (verse 13).

The fatherhood of God toward His children is the basis of Jesus’ frequent teaching about prayer. “Your Father knows what you need,” Jesus told His disciples, “before you ask Him!” (Matthew 6:8) Jesus presents a pattern that the church has followed through the centuries.

Prayer begins by honoring the name of God. He is worthy of honor because He is the heavenly King, yet His rule is being extended over the earth as well. Because He is King, we can entrust all our physical needs to His provision, asking Him to “give us our food for today,” instead of worrying about the future.

Since God is our merciful Father, we ask our Father to keep us from yielding to temptation and to deliver us from the evil one, for God is able to defeat any evil that comes against us.

Trust the Lord each day for your provision.

Prayer:

*Father God, your model prayer has come to me in the night on several occasions and has given me great comfort. Your prayer has become my prayer, and I enjoy reciting it often when I think of you. Amen.*

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And when you pray please remember our military and homebound members.

### Homebound:

Bonnie McCullum  
Omah Rogers  
Shirlee Evans  
May Langman  
Lavon Butt

Jim Hinton  
Elizabeth Henley  
Hattie Gleasure  
Lois Barr

**Michael Couture, US Marine Corps, Afghanistan.**



## Military Addresses

**Fireman Brandon Rignour**, 320A Dewey Avenue, BEQ 634 RMG 208, Great Lake, Illinois 60088. His email is: brandonrignour@yahoo.com. He is Rosa Mandon’s great-grandson.

**EN1 (SW) Blane Dorton**, He is Buddy & Teresa Moore and Bob Dorton’s son.

**ND Brody Dorton**, He is Buddy & Teresa Moore and Bob Dorton’s son .

**AW3 Evan Albright**, HS-4 Unit 25172, FPO AP 96001-5704. He is the son of Tonia Albright.

**1 Lt. Loertscher, Seth, J.**, 11 11th Street, Apartment 9, Columbus, Georgia 31901. He is Ruth Stefko’s nephew.

**A1C Krystle Lewis** 1531 West Lemom Street, Apt. 4405, Tampa, FL 33606. She is the daughter of Barry and Shelley Lewis.

**Pvt, Prentice, Nathaniel**, 11214 8th Avenue CT E #82, Tacoma, Washington 98455. He is the grandson of Juanita Prentice.

**Krogmeier, Cory** Army. Grandson of Lois Connolly.

**Capt. Paul Hargrove** (Army Special Forces), 1266 Arailia Drive, Fayetteville, NC 28314. He is Myrtle & Henry Von Staden’s grandson in law.

**1st Sgt. Kevin Ryan** (Air Force), 104 Creekside Lane, VAFB, CA 93437. He is Henry Von Staden’s grandson in law.

**Cpt. Laura Jeffrey, 1 Sgt. Craig Jeffrey, Lt. Andre LaTaste** All children of Vern and Angie Craft

**Sgt 1st class, Josh Pierce**, grandson-in-law of George Houdeshel.

**Sgt. Patrick Riley** 2/1 WPNS Co., Unit 40210, FPO AP 96427-0210. Patrick is Norm and Carole Thompson’s grandson.

**USAF Major Curtis DeLoach**, Ramstein Air Base, Germany. Curtis is the son of JoAnna and Sam DeLoach

**Cpl Womack, Christopher G.** 2d MLG (Fwd) HQSVC Co Fd. Svc, Unit 73950, FPO AE 09510-3950. He is the grandson of Glen and Linda Womack.

**Sgt. Ueltzen, Matthew, 55th MAC (1st Platoon), FOB Ramrod, APO AE 09313.** He is the son of Evelyn and David Ueltzen.



Spring session ended Thursday, May 19th with Show ‘n Tell. Students’ projects since the Fall session through the Spring session were on display. Fall registrations will be mailed out in August. OASIS Fall session will begin September 8th. Visit our website at [www.oasisfumc.com](http://www.oasisfumc.com) for news and updates.

## United Methodist Men

The UMM will meet on Saturday, June 18th at 8:00 am for breakfast in the fellowship hall.

## United Methodist Women Circles

**Circle of Love** will meet June 2nd, 16th and 30th at 6:15 pm in the children’s theater. We will finish up our Beth Moore study. The Circle will cook for VBS on Sunday, June 5th. Watch your email for more details.



**Morning Glory Circle** will meet Wednesday, June 1st at 10:00 am in the Friendship SS room.

**UMW Missions Circle** will meet on Tuesday, June 21st at 10:00 am in the Bray Chapel.

**MIFT** will meet Monday, June 13th, 6:00 at Antoinetta’s.



## Parish Nursing

Blood pressures will be taken Sunday, June 5th in the MAC.



### 12 Biggest Mistakes When Dieting

**Crash Diets** – extremely low calorie diets slow metabolism, burning calories more slowly and ultimately causing more weight gain.

**Skipping Breakfast** – encourages unplanned snacking. Breakfast with high protein and fiber will decrease hunger during the day.

**Losing Track of Snacks** – those little bites here and there will add up!

**Not Snacking At All** – Planned snacks of high protein (like nuts) as part of several small meals a day will control hunger and over-eating.

**Loading Up On Low Fat Food** – Low fat is not the same as low calorie, such as Angel Food Cake. Low fat foods are okay, but watch the calorie count.

**Sipping Too Many Calories** – Soft drinks, fancy coffee, alcoholic beverages don’t curb hunger, yet load up on calories.

**Drinking Too Little Water** – If you get dehydrated, your metabolism will drag. Drink 6 – 8 glasses of water per day.

**Ditching Dairy** – Research suggests the body burns more fat with dairy products such as yogurt, low fat milk, cheese...in moderation.

**Taking Drive Thru’ Bait** – Convenient, but hard to resist supersizing, milkshakes, etc. Most offer healthier, lower calorie choices. Take advantage of them!

**Weighing Yourself Every Day** – this is a recipe for frustration. Normal variations can be discouraging. It is best to weigh once a week to see the overall trend.

**Setting Unrealistic Goals** – sets you up for failure. Speak to a dietitian or health professional for realistic goals. Better to take baby steps to success.

**Avoiding Exercise** – places the burden of weight loss solely on diet. Find an exercise you enjoy or you won’t stick with it. One of the best is walking daily or several times a week.

Source: Web MD Newsletter